

ABOUT THE ROTATION AT R-ENDOCRINOLOGY,NJ.

Q) Where is the clinic located?

- We are located in Hamilton Township, in Mercer County, New Jersey. Our full address is Suite 104, Yorkshire Professional Building, 1374, Whitehorse Hamilton Square Road, Hamilton Township, NJ - 08619.

Q) Is the rotation in-patient, outpatient, or hybrid?

- Our rotation is 100% outpatient at Dr Syed W. Rizvi MD's private office. Endocrinology is a predominantly outpatient specialty.

Q) What is the duration of the rotation?

- The rotation is for a duration of six weeks. This may be extended upon request, subject to availability. The rotation can be extended to 12 weeks if a Research arm is needed.

Q) What is the daily schedule for the rotation?

- The clinic sees patients four days a week, from Monday to Thursday. The day always starts at 8:50 am sharp and may extend until any time between 4:30 pm to 6:30 pm. Wednesday consists of extended hours so that the day may extend for an hour longer than usual. Fridays are academic days on which no patients are scheduled. The schedule is variable and usually consists of journal clubs, research discussions, presentations, didactics, or short trips.

Q) What is the patient population like?

- We see patients with a broad range of Internal Medicine and Endocrinological conditions, most commonly with Diabetes, Thyroid conditions, sexual/hormonal disorders, hypertension, pituitary & adrenal issues, hyperlipidemia, and obesity, and also very often rarer, more unique cases that enthusiastic rotating externs frequently write up. We do everything from SUDO (nerve) scans, TANITA scans, DEXA scans, and IM/SC injections to setting up insulin pumps and artificial pancreas in-house.

Q) Is it a clinical elective or an observership?

- We offer a hands-on rotation for current medical students and an observership for medical graduates.

Q) Do externs get EMR (Electronic Medical Record) access?

- Yes, externs receive all options for full EMR access in rigorous accordance with HIPAA regulations. By the end of the rotation, the extern is expected to be comfortable with all relevant sections of the EMR.

Q) What are the duties of a rotating extern?

- Your minimum duties would include patient histories, medication reconciliation, taking vitals, inputting case details into the EMR, presenting the case to the doctor, and formulating a treatment plan. On Friday, externs prepare pre-assigned topics and participate in Journal club-related activities. HIPAA rules are to be observed strictly at all times.

Q) What do I bring to the clinic?

- It is mandatory to bring a stethoscope, a white coat, and a laptop to use the EMR system. All other items are optional. Physical examination is not permitted outside of checking the patient's blood pressure.

Q) How is the orientation conducted? Is there an onboarding session?

- Our current chief intern will conduct an orientation covering all the basics of the rotation and the EMR and answer any questions you may have. It will take place the week before your start date and is usually conducted virtually on Google Meet.

Q) What is the dress code for the clinic?

- Externs are required to dress sharply and neatly as is befitting of a physician; you may opt for formals or scrubs, as you wish. White coats and stethoscopes are mandated, irrespective.

ACCOMMODATION

Q) Is accommodation provided?

- Yes. We have separate accommodations for boys and girls, with a fully furnished condo. All reasonable essential services are provided at the accommodation, such as a washing machine (quarters needed), a dryer, an iron, an ironing stand, lamps, beds, bedsheets, pillows, drawers, cupboards with hanger, soap, toothpaste, shampoo, elective stove, fridge, freezer, dish soap, dishwasher, microwave, study table, chairs, and water filters.

Q) How far is the accommodation from the clinic?

- Both accommodations are situated at a short 10-minute walk away from the clinic.

FEES AND PAYMENT

Q) How much are the fees for the rotation?

- The cost of rotating at R-Endocrinology is subsidized compared to other rotations in the country. To get rates and details please submit the Observership form through the website.

APPLICATION AND SCHEDULING

Q) What documents are required for the application?

- The following documents are required at the time of application:

1. Current CV
2. ID: Passport copy or any valid US photo ID
3. Two contacts/references

4. Digital photograph

Q) Can the rotation be extended if required?

- Yes, the rotation may be extended beyond the required period of six weeks, subject to availability.

Q) How many interns rotate at the clinic on average every month?

- Usually, up to five interns are permitted to rotate at any one time to preserve the learning experience during the rotation. We apologize if you are unable to get the slot of your choice, and we encourage you to apply well in advance.

Q) What is your rescheduling/cancellation policy?

- While we strongly discourage rescheduling/canceling after booking a rotation slot, we understand that travel plans may change due to last-minute emergencies. The final decision and any associated fees are subject to the discretion of our residency coordinator.

OTHER QUESTIONS

Q) Who is Dr. Syed Wajih Rizvi, MD?

A) Dr. Syed Wajih Rizvi is an alumnus of Dow Medical College in Karachi, Pakistan. He did his internal medicine residency at the Thomas Jefferson University Hospital in Philadelphia. He completed fellowships in Endocrinology, Diabetes, Metabolism, and Lipid Disorders at the Medical College of Pennsylvania, the Hahnemann University, and the University of Pennsylvania. For eight years, he headed the Endocrine Division of the Dakota Clinic and Innovis Health Systems in Fargo, ND, and was an Associate Professor of Clinical Endocrinology at the University of North Dakota.

He is currently an Assistant Professor of Clinical Endocrinology at Rutgers University and a Consultant Endocrinologist at Robert Wood Johnson Hospital, Hamilton, NJ. At his outpatient teaching clinic, R-Endocrinology, he has had immense success in treating patients with endocrine and metabolic issues, especially diabetes, hormone imbalance, and obesity. He has trained over 1500+ bright young medical students to date. He has also launched a weight loss program within his practice, helping patients shed large amounts of weight. As President and CEO of R-Research, Dr. Rizvi was heavily involved in clinical trials around diabetes and its associated therapies and treatments. His research work has been instrumental to his private medical practice, and sporadic clinical trials continue to be conducted post-COVID.

Additionally, he is an honorary clinical faculty at American University Barbados, School of Nursing at Thomas Jefferson University and LaSalle University, Philadelphia, an honorary member of the Editorial Board of the International Journal of Lipid Disorders and Diabetes, an honorary Professor of Internal Medicine & Clinical Endocrinology at Endocrine Metabolic & Research Center (EMRC) at Tehran University of Medical Sciences and Honorary Member Iranian Academy of Medical Sciences.

Amidst his professional pursuits, Dr. Rizvi is also known to be a man of deep faith and believes strongly in worship through service. He is one of the co-founders of a global non-profit called Imamia Medics International (IMI). IMI provides medical relief in some of the neediest places in the world, as well as medical education, training, internships, conferences, health advocacy, and screening programs.

Q) Do you provide a visa letter?

- Yes, R-Endocrinology's letterhead visa letter has had a strong success rate and can be issued against a nominal fee. This sum is non-refundable.

Q) What EMR do you use at R-Endocrinology?

- Full EMR training is given in preparation for a US residency. We use the InSync EMR.

Q) What research opportunities does the rotation present?

- The rotation provides ample opportunities for case reports and case series for interested externs with its wide variety of pathologies and Dr. Rizvi's long, illustrious career in clinical research. Scores of interns have published cases in leading journals and have presented at several national and international conferences. A Medline search username and password may be provided upon request.

Q) Which parts of the world do externs come from?

- We are proud to host students and graduates embarking on their journeys towards a US residency from 50+ countries around the world, with a majority of them coming from South Asia, the Middle East, Europe, East Africa, and South America.

Q) When is the Letter of Recommendation (LOR) provided?

- Personalized LORs based on individual performance are provided by Dr. Rizvi after ERAS opens in June of a particular match season, through the months of July, August, and September, irrespective of when an extern may have rotated with him.

Q) Are there volunteering opportunities in addition to the rotation?

- We have an associated charity clinic named Sughra Clinic, just two miles from R-Endocrinology. This gives externs an excellent opportunity to gain volunteering experience and serve the resource-limited populations of Mercer County, New Jersey.

Q) Which airport is most convenient to land at?

A) Newark Liberty International and Trenton-Mercer Airports are the most convenient to reach the clinic. Other airports slightly further away include Philadelphia, John F. Kennedy, and La Guardia International Airports, but these may often have cheaper international flights, so weigh your options carefully.

Q) Is there any form of public transport to reach the clinic?

- While not always efficient, NJ transit can be very useful for getting around. The bus route that serves the clinic is the 601, which drops you off at just a 5-minute walking distance from the clinic. The 601 can be accessed from Trenton Transit Center. This major regional rail hub has frequent direct trains to nearly every major urban center in the Northeast, including Washington DC, Baltimore,

Wilmington, Philadelphia, Princeton, New Brunswick, Edison, Newark/Newark Airport, New York City, and Boston.

Q) What is your past externs' residency match rate?

- Generations of externs mentored by Dr. Rizvi have gone on to achieve great heights and success. Our alums have a match success rate of over 95% over the past few years!

Q) Is lunch provided at the clinic?

- While not guaranteed, lunch is often ordered into the clinic from a nearby restaurant, providing some much-needed time to bond over a tasty bite.

Q) Who are the staff at the clinic?

A) The R-Endocrinology team consists of an office administrator, two administrator assistants, an office manager, a chief intern, and Dr. Rizvi himself.

Q) Who do I contact for further details?

- Kindly contact our residency coordinator at rendoworks1347@gmail.com, and we will get back to you as soon as possible.